

Dr. Yogesh Daudkhane

Ready to use

VAK CHEAT SHEET

www.nlpcoachyogesh.com



VISUAL People's Favourite Words

Watch, observe, see,
look, picture, illustrate,
visualize, imagine,
perceive, envision,
sketch, diagram, view,
display, glimpse.



AUDITORY People's Favourite Words

Listen, hear, sound,
melody, rhythm, tone,
vocal, verbal, audible,
articulate, utter,
pronounce, recite,
dictate, resonate.



KINESTHETIC People's Favourite Words

Feel, touch, grasp,
handle, manipulate,
hold, physical, concrete,
tactile, movement,
gesture, palpable,
tangible, embodied.



**THANK
YOU**

www.nlpcoachyogesh.com